

Sara Krebs

Gratiot Count Substance Abuse Prevention Coordinator

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Sara is an Alma native, growing up in Gratiot County, graduating from Alma High School and earning her Bachelor of Science Degree in Exercise and Health Science with a minor in Public Health at Alma College. Sara has always loved living an active lifestyle and has participated in many sports throughout her life; a few of her favorites include tennis and Highland Dancing. Her passion for health grew as she worked in the health field for 10 years helping others make healthy and sustainable changes prior to taking her position at Child Advocacy. In her role as the Prevention Coordinator in the Gratiot County Substance Abuse Coalition Program, she works to provide prevention education to the community by organizing trainings and taking an active part in organizing community events. She is a member of the Optimist Club of Gratiot County and is a certified Group Fitness Instructor. Sara loves spending time with her family, working in her garden, cooking, crafting, exercising, and promoting an active and healthy lifestyle in her community.